



A PRIVATE INTRODUCTION TO TIBET



| Date/Day | Morning | Afternoon | Hotel & Room Type |
|--------------|--|---|---|
| Day 1 | Fly from Beijing to Lhasa. Your Tibetan guide will meet you in the arrivals hall. Transfer to your hotel. Since Lhasa sits at an altitude of 3600m we will take things slow. | Remainder of the day at leisure. | <i>St Regis Lhasa Deluxe Guest Room B</i> |
| Day 2 | Begin this morning in the Barkhor square, then continue to the Jokhang Temple (most sacred in Tibet). | Visit to the Sera monastery to see the monks debating. | <i>St Regis Lhasa Deluxe Guest Room B</i> |
| Day 3 | Drive out to Ganden, perched nearly 4000m up on the side of a mountain. Circumnavigate the kora around the monastery. | Make a stop off at a local Tibetan village before returning to Lhasa. | <i>St Regis Lhasa Deluxe Guest Room B</i> |
| Day 4 | Visit the spectacular Potala palace, which is a real highlight. | Drive out to Gyantse. | <i>Local Best</i> |
| Day 5 | Visit the Gyantse Dzong fortress, then continue to Gyantse Market, before entering the Palkhor Chode Monastery and the Kumbum. | Continue to Shigatse, stopping en route at the Zhalu Monastery. | <i>Local Best</i> |
| Day 6 | Visit the famed Tashilhunpo Monastery and take the pilgrim's walk back to the city. | Return to Lhasa. | <i>St Regis Lhasa Deluxe Guest Room B</i> |
| Day 7 | Depart Lhasa for your onward flight back to Beijing. | | |



Tour Cost USD 2600 per person (Based on two people sharing)

Add 5% extra if you wish to pay credit card.

Included in the price;

- Services of a good English speaking local guide including tips
- Tibet Permits
- All land transportation including airport transfers where stated including tips
- Hotels - including 2 breakfasts. **B** (Based on double occupancy)
- Entrance fees to all tourist sites
- Constant supply of bottled water in the car

Not included in the price;

- Meals
- Visa processing fees
- International Flights to and from China
- Domestic Flights to and from Lhasa
- Travel insurance
- Personal expenses such as excess luggage, alcoholic drinks, telephone, laundry and room service